

No Guff Vegetable Gardening

A fun garden is a rewarding garden. (What could be more rewarding than an enquiry about a Promethean plant?!) A practical garden fits into a hectic schedule. No Guff Vegetable Gardening is both fun and practical. Not sure where to start? Try something new (parsnip wine!) or fun—and don't worry about failure.



EDIBLES FOR LOOKS

- Painted Lady scarlet runner beans (let them grow into trees above!)
- Kale (mind the caterpillars!)

EDIBLES FOR SIMPLICITY

- Onion sets
- Radishes (very fast to grow)
- Volunteer crops make it simple (lettuce and dill)
- Garlic (not hard to grow ALL your own garlic)
- Currants (make juice concentrate)
- Perennials: asparagus, sorrel
- Swiss chard

EDIBLES FOR FUN

- Cardoon (a Promethean plant!)
- Malabar spinach
- Dahlia (water chestnut substitute)
- Unusual tomatoes (e.g. winter tomato)
- Colourful beans
- Mexican sour gherkin

EDIBLES FOR TIGHT SPOTS

- Containers are not second best!
- Be creative with containers...e.g. shoe bags on a wall
- Grow on top of the compost pile
- Containers for balconies and rooftops—great for heat lovers
- Squash up trees and hedges
- Grow vertically (e.g. stake tomato plants or a melon on an A-frame)
- 2 crops together (e.g. carrots and radish)

EDIBLES FOR OUT FRONT

- Veg in the front yard
- It can be attractive and edible!
- It's also a great way to meet neighbours

EDIBLES THAT ARE THERE ALREADY!

- black walnut
- purslane
- dandelion
- nettles

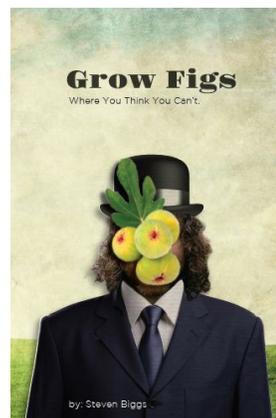
AS YOU ENJOY YOUR NO-GUFF VEGETABLE GARDEN, remember that there is no one right way to garden. Gardening is like making tomato sauce...there is more than one recipe. Find the recipe that fits into your life.

Keep the garden fun. Be on the lookout for guff such as pointless products, greenwashed products, silly over-the-fence advice, and techniques that are scientifically sound but ridiculous in a home garden.



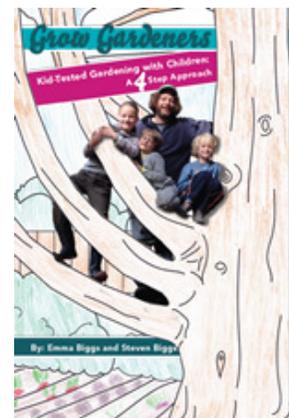
No Guff Vegetable Gardening

A Canadian best-seller, it's easy to read, lots of fun for kids and adults, and packed with tips and advice from two Canadian horticulturists.



Grow Figs Where You Think You Can't

In this award-winning book, learn how to grow figs in cold climates.



Grow Gardeners

A book by Steven and his daughter Emma about making gardening fun for children.

Visit www.stevenbiggs.ca for Steven's books, talks, and blogs